















Carers for Kids NSW offers a range of training courses to help carers better support the children and young people who rely upon them. We have designed the training program using feedback from carers, adding more weekend and after-hours training in addition to our on-demand webinars and modules.

- All training is held online
- Each training topic will include multiple online sessions, held on weekdays and weekends

SESSION	DATE /TIME	DESCRIPTION
CALD Connections for Young People in OOHC Facilitated by NoorPathways	 Tues 10th Feb 10:30-12pm	Children and young people (CYP) from Culturally and Linguistically Diverse (CALD) backgrounds are overrepresented in the Out-of-Home Care (OOHC) system. Many experience identity loss, cultural isolation, and difficulties maintaining community connections, which can negatively impact self-esteem, mental health, and long-term outcomes. Carers play a critical role in preserving a child's cultural identity and sense of belonging, yet many report a lack of practical tools, confidence, and cultural understanding when caring for CALD children. This session will address the knowledge gap by providing specialised CALD cultural competence education for carers, focusing on affirming cultural identity, navigating system collaboration, and improving wellbeing outcomes for CALD children in care.
	 Thurs 12th Feb 10:30-12pm ASHFIELD	
	 Tues 17th Feb 10:30-12pm	
	 Wends 18th Feb 6:30-8pm	
Attachment in care and supporting the end of placement Facilitated by Dr Trinh Ha	 Tues 17th Mar 10 -12pm	Sometimes it's a hard thing to say goodbye to the kids that we have cared for. Whether you've had them in your care for just a short period of time or for longer – it's hard to know how to say goodbye in a healing way whilst respecting the attachment process to facilitate the end of a placement. This workshop will look at some of the ways we, as carers, can facilitate a positive transition and end of placement process for kids, ourselves and our families. We will pay particular attention to the different attachment styles and how this may impact the transition process.
	 Thurs 19th Mar 7pm-9pm	
	 Fri 20th Mar 10:30-12:30pm ASHFIELD	
Restoring You: Resilience and Recovery for Compassionate Carers Facilitated by GailMcCabeJohnston	 Tues 24th Mar 7-9 p m	Caring for children and young people who have experienced trauma can be deeply meaningful — and deeply demanding. The emotional labour of caring often asks us to give more of ourselves, sometimes leaving little space for rest, reflection, or renewal. This two-hour workshop offers a space to pause and reconnect with your own wellbeing. Together we'll explore the impact of stress and trauma on our minds and bodies, how to activate recovery and resilience, and how to weave simple practices of self-care into everyday life.
	 Tues 31st Mar 7-9 p m	
	 Thurs 30th Apr 7-9 p m	
	 Fri 1st May 10 -12pm	
	 Thurs 7th May 10 -12pm	












ONLINE



IN-PERSON



SESSION	DATE /TIME	DESCRIPTION
Understanding FASD: Strengthening Care, Connection and Confidence for Carers Facilitated by Centre of Excellence in Therapeutic Care	 Tues 12th May 10:30-12:30pm	Caring for a child or young person with FASD brings both rewards and challenges. FASD affects brain development, influencing memory, attention, learning, emotional regulation, and social skills, often alongside experiences of trauma or loss. This webinar equips foster and kinship carers with practical, trauma-informed strategies to understand each child's needs, build on their strengths, and respond effectively to challenges. Through interactive activities and real-life scenarios, participants will gain the skills, knowledge, and confidence to provide compassionate, consistent care and help children with FASD thrive.
	 Wed 20th May 10:30-12:30pm	
	 Tues 26th May 10:30am-12:30pm	
Reportable Conduct Facilitated by Continuum Consulting	 Tues 2nd June 10 -12pm	This training session explores safety in care and reportable conduct for carers of children in care.
	 Thurs 11th June 10 -12pm	
	 Thurs 18th June 6:30-8:30pm	
Healing Family Connections: Navigating Relationships in Kinship Care Facilitated by Centre of Excellence in Therapeutic Care	 Tues 9th June 10:30-12:30pm	Kinship care places children and young people within their family, community, and culture, an arrangement that carries both profound strengths and unique relational complexities. This webinar provides kinship carers with practical tools, scripts, and trauma-informed strategies to navigate family relationships, share the child's story appropriately, and hold difficult conversations with compassion and clarity.
	 Wed 17th June 10:30-12:30pm	
	 Tues 23rd June 10:30-12:30pm	



ONLINE



IN-PERSON

All training times are subject to change. Please register for a training session via the [Training Calendar](#). Carers can also access further pre-recorded training and webinars via the [Carer Portal](#). Please contact training@carersforkidsnsw.org.au or call **1300 782 975** for any enquiries.



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