Carers for Kids NSW offers a range of training courses to help carers better support the children and young people who rely upon them. We have designed the training program using feedback from carers, adding more weekend and after-hours training in addition to our on-demand webinars and modules.

- All training is held online
- · Each training topic will include multiple online sessions, held on weekdays and weekends

SESSION	DATE /TIME	DESCRIPTION
Increasing the Mental Health and Safety of Young People at Risk of Suicide Facilitated by Fostering Growth	Thur 30 Oct 10AM-12PM	This webinar is designed to raise awareness, deepen understanding, and equip you with the skills to respond compassionately and effectively to young people experiencing suicidal thoughts.
	Tue 28 Oct 10AM-12PM	
	Tue 28 Oct 7PM-9PM	
	Tue 4 Nov 10AM-12PM	
Raising Teenagers	Mon 10 Nov 10:30AM-12:30PM	The session explores why young people may respond in ways that are difficult to understand and provide approaches for building positive connections and supporting development.
Facilitated by Centre for Excellence in Therapeutic Care (CETC)	Tue 11 Nov 6:30PM-8:30PM	
	Wed 19 Nov 10:30AM-12:30PM	
	Thur 4 Dec 10AM-12PM	This webinar will provide carers with practical strategies and insight into how Family Time supports restoration, and how you can play an active role in making these moments safe, meaningful, and child-focused.
Family Time Matters: The Carer's Role in Supporting Family Time	Tue 9 Dec 10AM-12PM	
Facilitated by Fostering Growth	Tue 9 Dec 7PM-9PM	
	Tue 11 Dec 6:30PM-8:30PM	

All training times are subject to change. Please register for a training session via the *Training Calendar*. Carers can also access further pre-recorded training and webinars via the *Carer Portal*. Please contact *training@carersforkidsnsw.org.au* or call 1300 782 975 for any enquiries.



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