



At Carers for Kids NSW, we understand carers need support in caring for children and young people in out-of-home care. We're here to provide a listening ear, useful resources and practical guidance and support from our knowledgeable and experienced Carer Support team. We offer specialised training specific to your type of care – whether you're a part-time, long term, emergency, short-term or restoration carer, relative or kinship carer, guardian or adoptive parent.

- All training is held online
- Each training topic will include multiple online sessions, held on weekdays and weekends

SESSION	DATE /TIME	DESCRIPTION
Increasing the Mental Health and Safety of Young People at Risk of Suicide Facilitated by Fostering Growth	Thur 30 Oct 10AM-12PM	This webinar is designed to raise awareness, deepen understanding, and equip you with the skills to respond compassionately and effectively to young people experiencing suicidal thoughts.
	Tue 28 Oct 10AM to 12PM	
	Tue 28 Oct 7PM-9PM	
Raising Teenagers Facilitated by Centre for Excellence in Therapeutic Care (CETC)	Mon 10 Nov 10:30AM-12:30PM	The session explores why young people may respond in ways that are difficult to understand and provide approaches for building positive connections and supporting development.
	Tue 11 Nov 6:30PM-8:30PM	
	Wed 19 Nov 10:30AM-12:30PM	
Family Time Matters: The Carer's Role in Supporting Family Time Facilitated by Fostering Growth	Thur 4 Dec 10AM-12PM	This webinar will provide carers with practical strategies and insight into how Family Time supports restoration, and how you can play an active role in making these moments safe, meaningful and child-focused.
	Tue 9 Dec 10AM to 12PM	
	Tue 9 Dec 7PM-9PM	

All training times are subject to change. Please register for a training session via the [Training Calendar](#). Carers can also access further pre-recorded training and webinars via the [Carer Portal](#). Please contact training@carersforkidsnsw.org.au or call **1300 782 975** for any enquiries.



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Kids NSW**

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